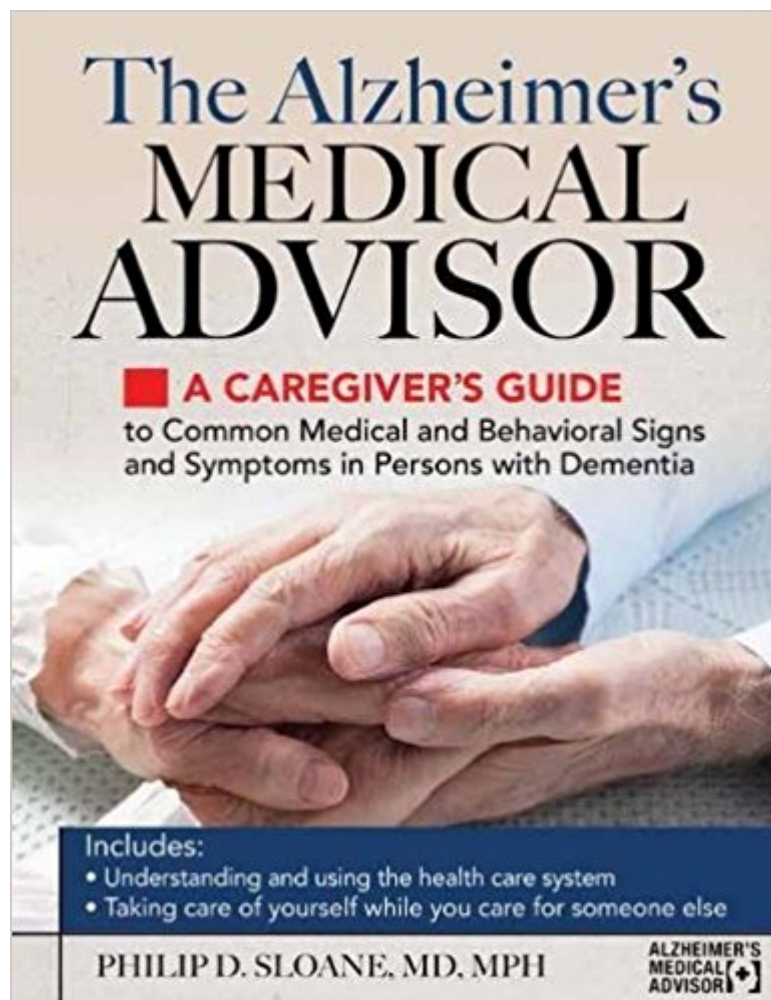


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# The Alzheimer's Medical Advisor: A Caregiver's Guide To Common Medical And Behavioral Signs And Symptoms In Persons With Dementia



## Synopsis

This book is a resource for caregivers of people with Alzheimer's disease or a related dementia, who provide support for a variety of medical conditions and dementia-related behaviors. It contains information on more than 50 medical and behavioral conditions that caregivers often address. Each condition is presented in an easy-to-follow, two-page guide that provides basic facts; signs that indicate a possible emergency; practical guidance when conferring with health care professionals; and tips on providing relief in the home. Additional sections address how to best manage visits to medical offices, emergency departments, hospitals, nursing homes, and assisted living residences. Also, an entire chapter is devoted to how caregivers can take care of their own health and safety while helping someone with Alzheimer's disease or a related dementia. Written by experts from the University of North Carolina at Chapel Hill and Duke University, this book is based on the latest clinical knowledge and scientific research.

## Book Information

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## Customer Reviews

If you provide care for someone with memory problems or dementia, this book is for you. Written by experts at the University of North Carolina at Chapel Hill and Duke University, this book is based on the latest clinical knowledge and scientific research on Alzheimer's and the care of people with Alzheimer's disease and other dementias. It includes: basic facts about Alzheimer's disease and other dementias practical guidance when conferring with doctors and nurses; when visiting hospitals, nursing homes, and assisted living residences; and during the

dying process practical tips on taking care of yourself while taking care of someone else worksheets and checklists to help organize important information common medical and behavioral symptoms and conditions Each condition is addressed in an easy-to-follow, two-page guide that provides: basic facts about the medical or behavioral condition signs that indicate a possible emergency tips on providing relief at home other related issues to watch out for safety tips for the caregiver

Philip Sloane, MD, MPH, is a geriatrician with over 35 years of experience managing and researching issues related to older persons, with a focus on Alzheimer's disease and related cognitive disorders and those who assist them with care and services.

The Alzheimer's Medical Advisor is a lifesaver for caregivers! This is the book that answers those tough "how worried should I be" questions. The layout is attractive the language is easy to follow. Dr. Sloane gives you the advice you need to manage everyday medical care at home and maybe avoid an emergency room visit or a hospitalization. This is something we have needed for a long time!

As a nurse who has specialized in caring for persons with dementia for over 40 years, I feel this book is treasure. It is full of basic practical information. The chapters on common care issues are invaluable to caregivers to help them sort out when a situation is an emergency or when you should call the care provider and set up an appointment. The "tips on how to provide relief of at home" sections are full of very pragmatic and helpful suggestions for addressing problems such as falls, incontinence, resisting personal care. The importance of caregivers taking care of their own safety and stress, is emphasized throughout. I would suggest that all family members have copies of the book so they can problem solve together in person or over the phone when the inevitable problems and concerns arise. There is nothing more lonely than trying to sort out an illness or event by oneself. This book is clear, concise, and easy to read. Families can use it as a guide for what, when and how to report signs and symptoms of illness and distress to care providers in a meaningful and organized way so that good decisions can be made about treatment. Any one involved in caring for people with dementia at home should have this on the bookshelf.

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